

OTR

SEPT 2023
NO 74

 **Stouffville**

On the Road in Whitchurch-Stouffville
is the monthly magazine of the Town



18 GIRL POWER IN BUSINESS

SODA POP DESIGN & SODAPOP CONSTRUCTION

From the Editor

On the Road in Whitchurch-Stouffville (OTR) is the Monthly magazine of the Town. The purpose is to communicate with residents, promote local businesses, support agriculture, develop tourism and, most importantly, **build community**. This edition brings awareness to 31 businesses, 17 special events, and 11 matters of community importance. And, most of this is classified as Tourism. For OTR advertising, contact Bruce Stapley bstapley@sympatico.ca. For any other questions or concerns, contact me:

David Tuley, Editor & Designer
Economic Development Officer
Town of Stouffville
david.tuley@townofws.ca



last month in Stouffville



CONTENTS

Features

- 5 STOUFFVILLE SINGS
- 7 TERRY FOX RETURNS
- 10 BUSINESS CHECK-UP
- 12 MENNONITE FESTIVAL
- 13 FALL FAMILY FUN
- 18 ON THE COVER GIRL POWER

Departments

- 3 COUNCIL CORNER
- 4 SOCIETAS
- 6 WHAT'S ON
- 12 WHERE NEXT
- 26 COLUMNS
- 30 COMMUNITY NEWS



Photograph on Cover
by Alex Lukey Photography.
PGS. 2, 11, 24,25 by Dennis Hristovski

BRUCE'S AUTO SERVICE

- Oil Changes
- Seasonal Tire Switch
- Tire Repair & Sales
- Wheel Balance & Rotation
- Wheel Alignment
- Free Brake Inspection
- Brake Replacement
- Air Conditioner Repair
- Steering & Suspension
- Exhaust System Repair
- Starter & Alternator
- Batteries
- Scheduled Maintenance
- Free Local Shuttle

905.640.7098

458 Service Road / brucesauto.ca

NAPA AUTO PARTS

Monday to Friday
8 a.m. – 5 p.m.
Saturday
8 a.m. – 12 noon

905-640-3030
60 Innovator Ave.,
Stouffville

www.NAPACanada.com

Welcome Home Care

PROVIDING NON-MEDICAL PERSONALIZED SERVICES FOR SENIORS IN THE COMFORT OF YOUR HOME, NURSING HOME OR HOSPITAL

CARING FOR YOU FOR OVER 10 YEARS
7 DAYS A WEEK - 24 HOURS A DAY - 365 DAYS A YEAR

CALL US TODAY: 905.640.2950
FOR YOUR FREE ASSESSMENT



- OUR SERVICES INCLUDE:
- Bathing, grooming
 - Oral hygiene
 - Mobility assistance
 - Transferring & positioning
 - Feeding & special diet
 - Meal prep & cleanup
 - Incontinence care
 - Light housekeeping
 - Medication reminders
 - Laundry & linen
 - Transport & errands
 - Conversation
 - Friendship
- AND MUCH MORE!



www.welcomehomecare.ca
info@welcomehomecare.ca

Get the right legal advice and assistance close to home.

BORLAK Law Office

- Business Lawyers
- Corporate
- Commercial
- Real Estate
- Wills and Estates
- Powers of Attorney



Steve Borlak
Lawyer
steve@borlak.ca

Jesse Borlak
Lawyer
jesse@borlak.ca

6372 Main Street, Stouffville
(905) 642-6661 • www.borlak.ca

IDA STOUFFVILLE IDA PHARMACY

• FREE DELIVERY •

HOURS:
Mon. - Thurs. 9 a.m - 8 p.m.
Fri. 9 a.m - 7 p.m.
Sat. 9 a.m - 5 p.m.
Sun. & Holidays. 1 p.m - 4 p.m.

Serving the
Whitchurch-Stouffville
Community Since 1984



Rob Croxall - Pharmacist / Owner

FREE UNDERGROUND PARKING
with ELEVATOR ACCESS

905-640-3324 • 6212 Main St., Stouffville • idastouffville.com

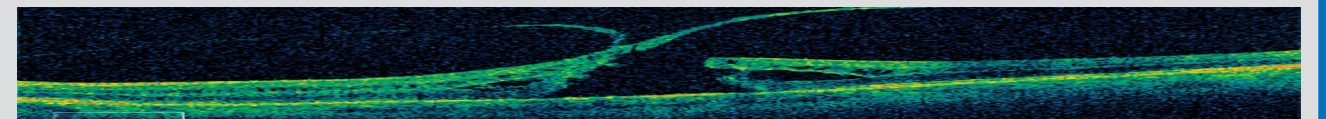
Stouffville optometry

www.stouffvilleoptometry.com

6085 Main Street, Stouffville

(905) 642-3937

Our technology enabled this image!



Good and timely care saved the eyesight!

AROUND THE NET ALREADY SCORING WITH AREA HOCKEY PLAYERS

By Jim Mason

Around The Net (ATN) Hockey Skill Training opened on Sandiford Drive, across the road from the Town of Whitchurch-Stouffville offices, last month.

"The initial response has been super positive," said Scotty Howes, who opened the business with his wife, Stouffville native Katie (Fretz) Howes. "People are really happy this is in town. It's been fun to hear how supportive the community has been."

Anthony Stewart, the former NHLer who's now an analyst on Sportsnet, attended the grand opening. Stouffville's own Sam Carrick dropped off an autographed Anaheim Ducks jersey. Philadelphia Flyer Morgan Frost also visited.

Founded 10 years ago, ATN hosted hockey schools in Stouffville and other communities before opening the full-time facility.

A hockey treadmill – with athletes wearing skates – is the centerpiece of the operation. "Fifteen seconds on the treadmill is the equivalent of 45 seconds on the ice," said Howes.

But off-ice speed and agility training sessions for groups and individuals and skate sharpening is also offered. ATN is open seven days a week "for beginners to pros." And not just for hockey. Baseball and soccer players are interested in training on the indoor turf.

ATN will employ eight to 12 people, depending on the season. Many already on the payroll are former or current Stouffville Clippers, Markham Stouffville Stars and Stouffville Spirit players.

Howes played eight years professionally in the American Hockey League, East Coast Hockey League and in Europe.

And the name of the business, Scott? "When I played, scoring was my thing and I was in and around the net," he said.

For more information and updates, go to: aroundthenethockey.ca or [@atnhockey](https://twitter.com/atnhockey) on social media.



Senior Safety Session WITH YORK REGIONAL POLICE

Thursday, September 7, 10am-12pm
Stouffville Legion - 150 Mostar St.
rochellestouffvillelegion@rogers.com

York Regional Police is partnering with the community to provide an educational session to seniors in York Region. Topics to be discussed include Frauds and Scams and Crime Prevention.

FIRE AND EMERGENCY SERVICES AGAIN SUPPORTED BY FIREHOUSE SUBS

Whitchurch-Stouffville Fire and Emergency Services (WSFES) are now better equipped to handle emergencies and keep the local community of Stouffville safe thanks to a grant from Firehouse Subs Public Safety Foundation of Canada. The Foundation recognized our need and awarded WSFES \$21,840.64 to be utilized to acquire a state-of-the-art drone, revolutionizing fireground assessments, aiding in search and rescue operations, and strengthening fire prevention measures.

Beyond its immediate operational benefits, the drone will also serve as an invaluable

tool and a vital resource for creating training materials. The information captured by drones during firefighting operations will enhance training initiatives and foster continuous improvement within WSFES. Furthermore, the drone will prove instrumental in fire prevention inspections, offering enhanced visual opportunities to assess mechanical components by providing detailed rooftop visuals of buildings.

The Firehouse Subs Public Safety Foundation of Canada has awarded 319 grants to public safety organizations since 2015. This grant is one of 13 Firehouse Subs

Public Safety Foundation of Canada awarded to public safety organizations during the most recent grant cycle.



JOIN OR SPECTATE AS STOUFFVILLE SINGS

By David Tuley

Voices Alive!

"Come sing with us. Join our vibrant and inclusive women's choir," says Mary Bennet, Voices Alive Choir Director. "No auditions, experience, or reading of music required," she added. Voices Alive features a dynamic variety of songs from pop to folk to jazz – past and present.

Weekly practices are Wednesday evenings from 7-9pm at St. James Presbyterian Church, 6432 Main Street. The fall session starts on September 13. For more info, please visit voicesalive.ca or contact Mary at voicesalivechoir@gmail.com. Share your love of music in a supportive community. We welcome you to come out for a practice anytime with no obligation. Let your song out!

Hailing from Ontario's farmland, Mary Bennet is a roots musician and teller of stories with a focus on simple acoustic arrangements. Her music has delighted audiences at weddings and provided comfort at funerals. Mary covers a broad range of styles, including folk, country, bluegrass, and pop music. Emmylou Harris, Joni Mitchell, John Prine, and Neil Young are some of her early influences.

The Bach to Blues Company

Love to sing? Nervous to join a choir? Come to our Open House and try us out! Reading music is a bonus but not necessary. We sing all kinds of choral music, from Bach to the blues, folk, Broadway, sacred, Canadiana, and everything in between. September 13 and 20 at 7pm at the United Church in Stouffville at 34 Church Street.

The Bach to Blues Choir was founded in 1998 to share a love of mixed-voice choral music, while raising funds and awareness for worthwhile causes. Ann Gage is the Director and co-founder. "We've raised a lot of money for the community over the past 25 years," said choir member Luanne Griffin. "We desperately need a few more tenors and basses - and altos and sopranos too, though not as urgently." For more information, see facebook.com/BachToBlues.

Student Music Scholarship Concert

Good news – it is back! The 28th annual Student Music Scholarship Concert, postponed the last three years due to COVID-19, will resume at Stouffville District Secondary School, Oct. 19 at 7:30 p.m. Performances will include vocal, instrumental and dance.

The event, hosted by Stouffville's St. James Presbyterian Church, will feature eight schools and 500 students. School entries are – St. Mark; St. Brendan; Stouffville Christian; Glad Park; Summitview; Whitchurch-Highlands; Wendat Village and SDSS. Funds, provided through donations and admissions will be divided among the eight participating schools to assist financially hard-pressed music and dance programs. One selected student will receive a \$500 scholarship. Over the past 27 years, more than \$140,000 has been raised.

Exhibitions

LATCHAM ART CENTRE



@ LATCHAM ART CENTRE

Vanessa Dion Fletcher: Relative Gradient
Artist Talk: Thurs., Sept. 21, 7-9pm.
 2 Park Drive

Vanessa Dion Fletcher is a Lenape and Potawatomi neurodiverse artist; her family is from Eelūnaapëewii Lahkëewiitt (displaced from Lenapehoking) and European settlers. Relative Gradient includes recent works that expand the possibilities of contemporary quillwork. She transforms this surface embroidery technique into textile design and vinyl imagery, playing with geometric shapes and repeating patterns. Taken together, these works build on Vanessa's continued exploration of what it means to live in an Indigenous, gendered body with a neurodiverse mind.

The exhibition runs Aug. 25-Oct. 14.

@ TOWN OFFICE GALLERY

Sean Stone
 111 Sandiford Dr.

Stouffville-based photographer Sean Stone presents a collection of photographs from his travels throughout Canada, capturing images of the land and wildlife in different seasons. With an eye for lighting, honed by past careers teaching theatre and lighting design, Stone's documentary-style photographs show coast-to-coast views of Canadian natural wonders.

Sean Stone started his photographic journey in high school with his first 35mm SLR, shooting and developing his own black and white images for his school newspaper. Now retired, his love of photography has yet to diminish.

The exhibition runs Aug. 1 – Oct. 31.



Bake Sale AND SOUVLAKI TENT

Sat-Sun, September 9 & 10
 4369 Faulkner Ave.
 905-473-9009

Joyous Light Candles welcomes you to join them this season for their Bake Sale and Souvlaki Tent events hosted by the sisters of Holy Theotokos Convent.

International Fare Open House

STOUFFVILLE CREEK RETIREMENT RESIDENCE

Saturday, September 16, 1-4pm

The International Fare Open House at Stouffville Creek Retirement Residence taking place on Saturday, September 16 from 1-4pm. There will be live entertainment for the whole family to enjoy, a fall-themed craft station for attendees to enjoy and be able to take the finished product home with them as a memento, appetizers inspired by international street food, entertainment the whole family will enjoy, and more.

Stouffville Creek's motto is "Chef Prepared, World Inspired". Further, "We believe food is more than sustenance. Good food should be enjoyed with friends, made with fresh local ingredients, prepared from scratch by an experienced culinary team, and served by our friendly and courteous dining staff who know your personal tastes." Come and judge for yourself.

To RSVP, call (905) 642-2902. Then come to 40 Freel Lane for the event. Visit StouffvilleCreekRetirement.com for more about Stouffville Creek.



Stouffville Terry Fox Run RETURNS TO MEMORIAL PARK

Sunday, September 17, 12pm

Stouffville Terry Fox has raised \$2.3 million for cancer research through this local event since 1982. The 2022 event, the first since 2019 due to the pandemic, drew approximately 1,000 participants and volunteers who raised more than \$80,000 for cancer research.

Festivities begin at 12 noon featuring: music by popular Stouffville band The Muffin Men, A display of classic cars by members of the Markham Stouffville Cruisers, refreshments, and a children's activities tent presented by Code Ninjas of Stouffville.

The opening ceremonies at 1 p.m. will include warm-up exercises by Stouffville's Nock Academy Yoga, a salute to Stouffville cancer survivors, a message from this year's run ambassador and co-chairs, and the national anthem performed by popular Stouffville duo Dave & Sarah.

"The Stouffville Terry Fox Run is a shining example of community collaboration for a well-known cause, and I have always thought it's the best day of the year," said run co-chair Adele Palmer. "It's a beautiful day of hope and raising money and awareness for The Terry Fox Foundation. That research

saves countless lives and makes survival an option for those who are battling."

This year's run will follow a 5K course through southern Stouffville that begins and ends in the park. With safety in mind, some changes to the route have been made to keep participants on municipal sidewalks and off streets. A 2K route is also provided. You can run, walk, cycle, push a stroller or rollerblade. Participants are invited to stop at refreshment stations along the route and refill their water bottles and grab an apple. Players on the Stouffville Spirit Jr. A hockey team will staff the stations. Entertainment along the route will be provided by musicians, including Tom Pullin, the Laura Volpe Band and Tanya Porter and her drumming group.

Organizers are again sending a special invitation to those Cancer survivors. "They are the reason we're all in Memorial Park for the day," said FitzPatrick. "Seeing all those survivors in their red shirts approach the stage to begin our run every September makes it all so worthwhile for all our participants and volunteers. If you are a survivor or know of one, we want to honour them."

Survivors are given special red T-shirts



and lawn signs recognizing their survivor status. Stouffville businesses, service clubs, churches, and families are encouraged to form a team, like the 23 teams who took part in the 2022 run. Teams receive special recognition during the event. They can pre-order Terry Fox T-shirts with their team name printed on them.

To enter a team, register a survivor or volunteer email tfox.stouffville@gmail.com or call 416-768-6971.

Individuals should register in advance of run day. Sign up now at terryfox.org. For more information and updates on the Stouffville Terry Fox Run, please visit Facebook or Instagram or go to their website, terryfox-stouffville.ca.

Second Annual COURTYARD ARTISTS OUTDOOR SHOW AND SALE

Saturday & Sunday, September 16-17, 10am-3pm

The second annual Courtyard Artists Outdoor Show and Sale takes place at 12601 McCowan Rd. The group of four artists offers a good selection of artwork, framed and unframed, and cards at affordable prices. The show is outside in a country setting in Lemonville and the public is welcome to wander around.

About the artist group: Roger Howell shares knowledge with the group regarding composition, colour, and other techniques. He is a retired school teacher. Rosemarie Wright is a self-taught artist and a former horse trainer and Shiatsu therapist. She delights in painting animals, especially horses, dogs, and cats. Morven Crothers has a background in art history. She paints in oils, watercolour, and Japanese ink. Lynn Westaway owns a sheep farm in Stouffville, where artists meet to paint every Thursday.

Come and enjoy this country scenery, meet these talented painters, and see their artwork.



Connecting Communities
to the World Around Us

NEW
MAX fibre
LIMITLESS
Internet

rates starting from **\$55**/month*

Offer available to new customers only on a 1-year term.
*Rates subject to change.



We are thrilled to support our local community and the many great events we've had this summer. Unforgettable moments and joyful memories. Experience the power of lightning fast, high-speed Internet with limitless possibilities. We also offer great rates on TV and Home Phone solutions:



For more information:
Call 1-844-4telMAX or
visit limitless.telmax.com



**Turack Raguseo
Lesti Gilliatt LLP**
Chartered Professional
Accountants



HERE TO SERVE YOUR COMMUNITY WITH THE
FOLLOWING PROFESSIONAL SERVICES:

*Personal & Corporate Tax Preparation • Accounting & Auditing
Business Advisory Services & Valuations • Estate Planning • Financial Forecasts*

6335 Main Street, Stouffville • 905-640-1991 • Fax 905-640-1998
email: info@turack.ca • www.turack.ca



**Home and auto insurance
tailored to you**

As your local Desjardins Agent, I'll take the time to listen to your needs, recommend specific options, reassess your coverage as your life changes, answer your questions – and so much more.

Get in touch today.



Sandy Mackenzie Insurance
Agency Inc.
Sandy Mackenzie, Agent
6336 Main St
Stouffville ON
905-642-4546
sandymackenzie.ca



192,0999

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.



WE-WATCH MOBILE APP

OTR interviewed Colin Rees, inventor of the We-Watch Mobile Application, in April 2022. We-Watch is a solution that brings people together to respond to any type of incident that requires some type of corroboration, recourse, or justice. With the We-Watch mobile application, every individual has the chance to help someone or find help after an incident occurs. Essentially, We-Watch is a Neighbourhood Watch program gone digital.

Colin grew up in Stouffville and graduated from Stouffville High. He worked across many sectors in Toronto and found that formalized employment offered too many barriers to advancement. He returned to Stouffville and decided to return to school at Seneca College in Business Management. It is not uncommon to see Colin walking through Downtown Stouffville or getting a coffee from the Main Street Bakehouse.

The We-Watch concept was born out of an incident, “When I was hit by another vehicle, I was not able to prove they were at fault. My insurance company was not willing to investigate and assigned me 50% liability. I knew that someone had captured it, but I would never see or be able to find that dashcam footage,” said Colin. “With We-Watch, a lot of this can be remedied.”

Back in 2022, Colin reported that his key next steps were to further develop the application, recruit senior leadership to fill gaps in business development and locate a pilot area to validate the product. How has he done and where is We-Watch now?

“All boxes checked so far,” said Colin, “I found a partner, which wasn’t easy during COVID-19 times.” He had posted ‘Partner Wanted’ on an entrepreneur Facebook group and found Daniel Rizzi, a lawyer focused on Tech, Intellectual Property, and Privacy Law. “Daniel is a perfect fit for We-Watch. He brings an understanding of the rules of evidence and privacy,” said Colin. Daniel has become the Chief Legal Officer for We-Watch.

Second, Colin aligned with a Canadian-based software development company called Razor Sharp Consulting in Calgary. “We now have like medical-grade encryption and it’s just awesome,” reported Colin. “We need to build trust in our partners and faith with our end users and prove that we are privacy-centric.”

Last, We-Watch has launched a pilot with the West Queen West Business Improvement Association (BIA). “We felt that BIA’s represented a good partner because they have a vested interest in the appeal, the marketability, the safety and cohesion of their respective neighborhoods – and, there are lots of them in Canada. There are also a countless number of downtown improvement districts and business organizations in the United States,” said Colin.

Colin quickly pointed out that uptake by BIAs could make We-Watch valid alone, but there are many other applications, such as Neighbourhood Watch and Road Watch. “Currently, people report car theft, petty crime and neighbourhood speeding in a hundred different ways, like on Facebook, but these lack coordination and sophistication – if you aren’t collecting those door-cam videos, photographs, and reports in one place and cross-mapping incidents, you’ll never effectively inform policy and policing.”

What’s next Colin? “After we reach all of Canada, world conquest,” concluded Colin. We watch has strong applications in the private sector as well. Colin states that he founded We-Watch to be a for profit company that betters the safety and security of people and businesses. “We’re always looking for new opportunities to partner, grow and evolve; so don’t be shy to reach out to us through our website!” For more, see we-watch.ca.



NOCK ACADEMY EXPANDS AGAIN

OTR reported in May 2023 that Gareth and Nicky Nock of Nock Academy had bridged the gap from operating an online fitness studio to having a bricks and mortar yoga studio at 10 Commercial Street in Downtown Stouffville. How is it going?

“Excellent,” said Gareth, “we have been making waves and are now bringing even more options.” Opening in September 2023 at the same location, a brand-new personal training studio offering a 6-week, signature group strength training program, aimed at building not just strong bodies, but strong minds and community too.

“This program is a cost-effective way to receive the coaching and programming of a 1 on 1 training, in a group while your coach and your teammates will hold you accountable. Utilizing Barbells, Dumbbells, Kettlebells, and other small equipment you will build strength, increase your metabolism, improve technique, increase bone density, and learn new skills,” reported Gareth.

He mentioned that research shows that exercising with others really pays off. A study published in the *Journal of Social Sciences* found that participants gravitated towards the exercise behaviours of those around them and achieved more consistency and goals as a result.

Find out more by calling 647 916 4592 or visiting thenockacademy.com.



DR. TING CELEBRATES 15 YEARS AT ADVANCED CHIROPRACTIC + WELLNESS CENTRE & INTRODUCES NEW DOCTOR

In October 2022 OTR interviewed Dr. Trina Ting, founder of Advanced Chiropractic + Wellness Centre. Dr. Ting opened the clinic in Stouffville in 2008 - and 2023 marks their 15th anniversary! We checked in during the August 1 celebration at the clinic to see how she is embracing the moment and what the future outlook may be.

“As a chiropractic doctor, I have evolved,” said Dr. Ting, “I feel I have greatly leaned into the Latin root of the word doctor, which is to teach. A large part of my professional time is spent educating patients on their health, their spine, and how computerized chiropractic care may help them. I truly believe it’s my job to deliver information about their health in simple terms and lead them to choose chiropractic care once they understand it.”

“I’ve also evolved into the teaching part of it with my team of administrative staff and the chiropractors and RMTs. I’ve trained many front desk assistants over the years that the chiropractic healing process starts with the first phone call or email to our office. The front desk is a crucial part of helping people get better. Teaching our clinical team about our approach to wellness and the treatments we do has also been really great as well because we are all working towards the same goal: to improve the quality of our

patient’s lives,” Dr. Ting recounted.

For the next 15 years, Dr. Ting says that she “Hopes to help as many people as possible find that they don’t have to live in pain or live a lesser version of their lives. To continue building a solid clinical team that can continue the work as no one can do this forever by themselves. I also never want to forget what it took to build the first 15 years of practice and never lose that passion and drive for chiropractic care.”

Advanced Chiropractic is Stouffville’s only ProAdjuster computerized chiropractic adjusting clinic. Dr. Ting utilizes the ProAdjuster computerized adjusting

tool, which is an extremely sensitive and accurate tool used to analyze every single vertebra in your spine, while you are completely relaxed in a seated position. Treatment afterward is carried out by the same ProAdjuster tool, which involves a gentle tapping force to the spine, with no twisting, turning or cracking.

Dr. Christina Schoer has recently joined the team. Dr. Christina graduated with distinction from Ontario Tech University with a Bachelor of Health Sciences in Kinesiology, and graduated Magna Cum Laude from the Doctor of Chiropractic program at the Canadian Memorial Chiropractic College. Dr. Christina has a special interest in acute neck and lower back pain, as well as pediatric and pregnancy care.

Dr. Ting graduated from the University of Toronto with a Bachelor of Science degree in human biology, and then went on to complete the 4-year Doctor of Chiropractic degree program at the Canadian Memorial Chiropractic College. “I wanted to open a family practice in Stouffville because of my experience working in a small town. It felt right,” she recounts. Dr. Ting has two young boys, one of whom was born during the pandemic in May 2020.

To learn more and book an appointment, see advancedchiro.ca.

FIRST STUDENT NEEDS BUS DRIVERS, IT’S A GOOD JOB.

First Student reached out to OTR for help with bus driver recruitment. A shortage of bus drivers has impacted the ability of kids to get to school in recent years. First Student works in 41 states and 8 Canadian provinces, carrying approximately 5 million students daily, and has more than 58,000 employees.

They are the largest school bus company servicing the York Region District School Board. First Student has geared up for the school year, but more drivers are always needed.

First Student’s motto is “We invest in You.” They offer on-the-job training to obtain your CDL permit - no experience is required. The training will equip you with the tools, skills, and knowledge to do the job. Opportunities are the greatest for retirees, and stay-at-home moms and dads. With First Student, one never has to work nights or weekends. They even have a child Ride-Along program for working parents.

First Student offers total competitive compensation packages that include time off during school holidays as well as paid holidays. To learn more, see workatfirst.com or phone 905-770-3299



NEED MORE WORK-LIFE BALANCE? DRIVE FOR FIRST STUDENT.

Benefits include:

- Weekends + school holidays off
- Child ride-along program ideal for working parents
- Paid training to obtain your Bus License!
- Competitive pay!
- Part Time hours great for Retirees!

IT STARTS WITH FOOD SO COME HUNGRY GTA MENNONITE FESTIVAL FOR WORLD RELIEF

**Saturday, Sept. 16, 10am-4pm
Willowgrove Farm**

For the third year, the GTA Mennonite Festival for World Relief (formerly the Toronto Mennonite Festival) will take place on the third Saturday of September at Willowgrove Farm, 11737 McCowan Rd, Whitchurch-Stouffville.

Starting at 10am on September 16 and running to 4pm, the festival features traditional and not-so-traditional Mennonite eats and treats, a silent auction, apple picking, wagon rides, other fun family-friendly activities and of course, the famous quilt auction, which features unique, handmade, one-of-a-kind creations. New this year is a children's arts and crafts creative zone.

"We are excited to partner with the GTA Mennonite Festival again this year," said Johnny Wideman, Executive Director of Willowgrove. "Seeing so many families at Willowgrove, eating great food together, coming together for a cause, it's made hosting the festival a highlight of our fall."

Tickets are \$10 per person in advance, \$15 on-site and children five and under are free. Tickets can be purchased at gtamennonitefestival.ca.

All proceeds from the GTA Mennonite Festival for World Relief support Mennonite Central Committee's (MCC) work. MCC is a global, non-profit organization actively engaged in making a difference worldwide and here at home. Whether assisting displaced families, helping farmers adapt to climate change, or walking towards reconciliation with Indigenous peoples, MCC empowers communities to meet local needs and build peace. More information about MCC is available at mcc.org.



WHERE NEXT STOUFFVILLE MARKET



Photos: Audra Bradbury

We've only got 8 weeks left of The Stouffville Market season! October 14 is our last day and oh my, time has flown by. What a great season it has been. With a minimum of 30 vendors each week, the variety of goods, services and products has been superb. We have several vendors that are regulars and are present each week, plus we have a wide variety of vendors that have booked on different schedules, some are every 2 weeks, or once per month or however their schedule works that they can attend. The variety of entertainment we've had - some of which are sponsored by Mathnasium Stouffville - has been wonderful, providing us with great music to enjoy throughout the day. We are

fully booked this year, and each and every one of the musicians has been a pleasure to listen to.

New this year is our Student Entrepreneur booth sponsored by local resident Brian Chung, it is also booked solid for the season. It has provided a wonderful opportunity for students of all ages to practice their sales and marketing skills, and the talent that has been present each week is very impressive.

Redefined Finds has sponsored the non-profit booth this year, and again, this presents an excellent opportunity for groups that are charities or non-profit, to raise awareness, to educate, and also to fundraise, this has also seen some very interesting projects and organizations. Main St. Bakehouse has generously provided us with our java fix each Saturday, just bring your own cup and you can enjoy a fresh, hot cup of coffee at no charge. Thank you also to The Powell & Gallop Real Estate Team and Royal LePage Realty, they helped with our banner and the very convenient reusable market shopping bags, hopefully you were lucky enough to get a bag when you visited the market!

Come see us every Saturday until October 14, from 9:00am - 2:00pm at 6240 Main St. in the heart of downtown Stouffville. Follow us on Instagram at [thestouffvillemarket](https://www.instagram.com/thestouffvillemarket) and also on Facebook, just search for The Stouffville Market. See you Saturday!

WHERE NEXT FALL FAMILY FUN



Applewood Farm

Apple & Pumpkin Picking, Corn Maze
September 2 until mid-October
10am-5pm (Wed-Fri), 9am-5pm (Sat-Sun)
12416 McCowan Road

Open additionally on Holiday Mondays (September 4 and October 9) 9am-4pm. Applewood Farm's family fun features wagon rides, a corn maze, a chip truck (weekends only), and farm animals. The pumpkin patch is 25 acres, plus 5 acres of giant butternut squash. Applewood now has a great new playground for the kids.

Willowgrove Farm

Apple Picking and Pumpkins
Sept. 17-Oct. 29
10am-4pm (Sat-Sun only)
11737 McCowan Road

Willowgrove Farm provides our community with fresh apples, hand-pressed cider, and a holistic understanding of the whole process through their Outdoor Education and Nature School programming. The most recent program is their Pick-Your-Own Apples, where members of the community can come by any weekend between September 17 to October 29. There is no cost for entry, and participants can choose between Macintosh, Cortland, and Empire Apples. Pumpkins will also be available, so make sure you embrace the Fall season and visit Willowgrove's apple orchard!

Strawberry Creek Farm Market

Wagon Rides, Amazing Acres, Market
Open until late October
9am-6pm (Mon-Sat)
On Davis Dr. between Woodbine & Warden

For family fun, Strawberry Creek offers Amazing Acres playground, Raspberry picking (September), a corn maze, and a Market. On Saturdays in the Fall, there are wagon rides and pumpkin cannon demonstrations. The Market specializes in Ontario produce and features locally grown fruits and vegetables, fresh baking, and all the makings of a well-balanced meal: fruits, vegetables, meat, dairy, and carbohydrates too. Strawberry Creek aims to have almost everything you need for a healthy and fresh farm meal, a one-stop shop for all your grocery needs.



Want . Personal . Yourself
your terms . Confident

Be *on Your Terms*

Well . Secure . Respected
Empowered . Revitalized

You've toured the rest, now tour the best!
Limited suites starting at \$3,500!*

Let's do lunch and chat about our available living options, and how you can live retirement inspired!

**Conditions apply*

Independent Living | Assisted Living | Short Stay and Respite

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

Request a tour or a home visit today!

(905) 642-2902

INSPIRED SENIOR LIVING WITH 

Located at 40 Freel Lane, Stouffville, ON StouffvilleCreekRetirement.com

TRENTADUE TORRES REAL ESTATE GROUP
RE/MAX ALL-STARS REALTY INC.
#1 TEAM IN STOUFFVILLE | WE KNOW REAL ESTATE



Dolores Trentadue, Sonya Torres & The Team
TEAM LEADERS & REALTORS®



What's Happening With TTAG?

OUR SERVICES:



- FULL-TIME REALTORS ON EACH LISTING (MIN 3)
- ADMIN TEAM INCLUDING CLIENT SERVICES
- IN-HOUSE STAGING, HANDYMAN & CLEANING
- COMMUNICATION ON YOUR TERMS
- INTERNATIONAL EXPOSURE VIA RE/MAX
- CERTIFIED LUXURY MARKETING SPECIALIST
- POST SALE SERVICES
- COMPLIMENTARY PACKING KIT, DONATION & DISPOSAL OF ITEMS
- NETWORK OF DISCOUNTS & TRADESPEOPLE
- PROFESSIONAL PHOTOGRAPHY & VIDEO
- EXTENSIVE SOCIAL MEDIA
- 24HR MARKETING & ADVERTISING ON MULTIPLE PLATFORMS
- FEEDBACK & WEEKLY ACTIVITY REPORTS

EVENTS THIS MONTH:

 **PATIO SERIES**
AT 19TH ON THE PARK
~ 7 PM TO 11 PM ~
SEPTEMBER 15TH 

RESERVE SEATS AT 19ONTHEPARK.CA



SEPTEMBER 16TH
9AM - 2PM
COME SAY HELLO!
LOTS OF GOODIES & PRIZES!

YOU'RE OFF TO GREAT PLACES. THIS YEAR IS YOUR YEAR - HAPPY BACK TO SCHOOL!

Sold@TTGRealty.com | TTGRealty.com | 155 Mostar Street, Unit 1 & 2, Stouffville

 TRENTADUE.TORRES.REAL.ESTATE.GROUP

 TRENTADUE_TORRES_GROUP

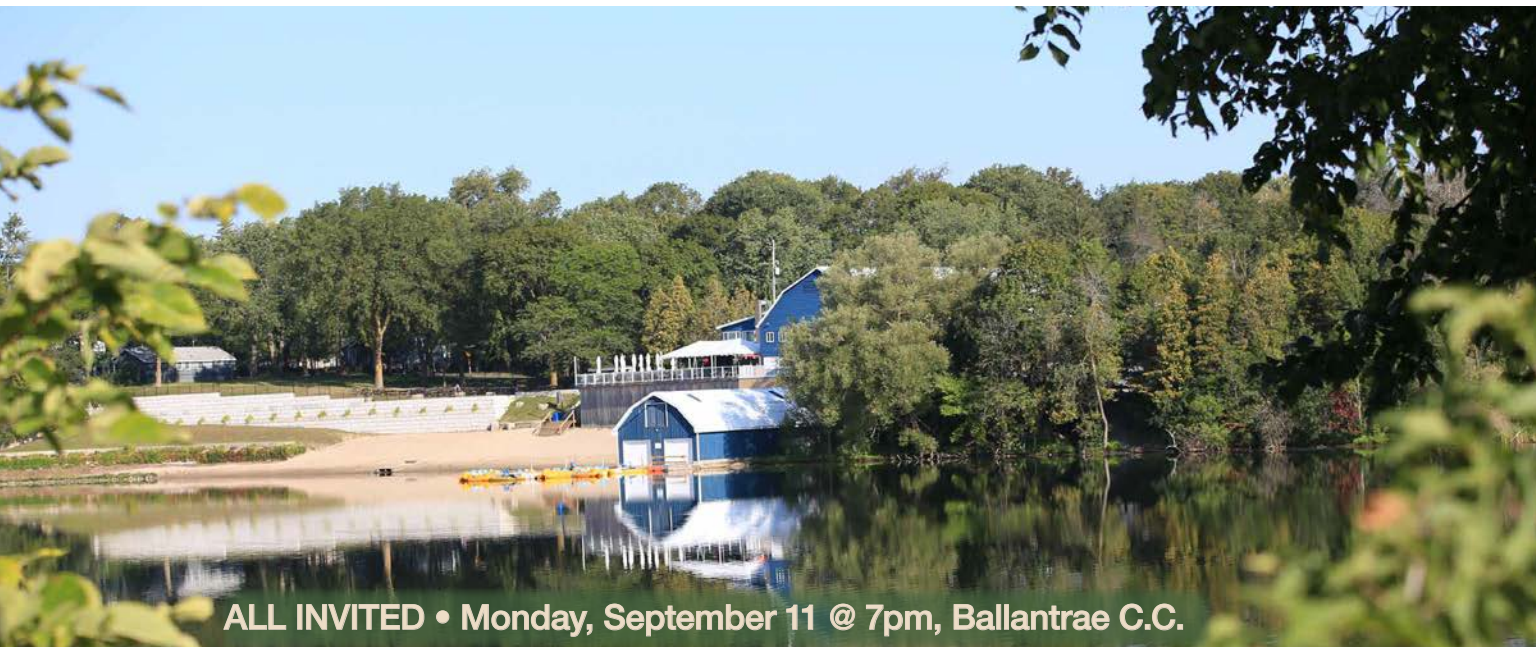
 TRENTADUE TORRES GROUP RE/MAX ALL-STARS REALTY

 TRENTADUETORRESGROUP

RE/MAX All-Stars Realty Inc. Brokerage, Independently Owned & Operated. Not intended to solicit those under contract

WE LOVE OUR LAKES – MUSSLEMAN'S LAKE

Opportunity to learn about the health of Musselman's Lake and local kettle lakes



ALL INVITED • Monday, September 11 @ 7pm, Ballantrae C.C.

Discover the secrets of Musselman's Lake at a special community gathering on Monday, September 11 at 7pm. The event will take place at Ballantrae Community Centre, where town staff and experts from the Lake Simcoe Region Conservation Authority (LSRCA) will be present to share valuable insights.

Musselman's Lake is part of the Lake Simcoe watershed which sweeps across 3,400 square kilometres and 20 municipal borders, from the Oak Ridges Moraine in the south to the Oro Moraine in the north, through York and Durham regions, Simcoe County and the cities of Kawartha Lakes, Barrie and Orillia.

Musselman's Lake, with its rich history and breathtaking beauty, holds a special place in our hearts. However, it faces environmental challenges that demand our attention. Learn about the impact of urban influences, such as water pollution, nutrient enrichment, and invasive species, and how these factors affect the lake's well-being.

Have questions about the current state of the lake and the recent algae bloom? Get your answers straight from the experts. Don't miss this opportunity to be informed and play a role in preserving the ecological

balance of Musselman's Lake for future generations. To submit questions that you would like addressed at the meeting visit townofws.ca/loveourlakes.

About Blue-Green Algae

Some area lakes in Stouffville may have conditions that lead to blue-green algae blooms developing.

Blue-green algae is a type of harmful bacteria that can appear in bodies of water. These microscopic organisms, scientifically known as cyanobacteria, can pose risks to both humans and animals. While often blue-green in color, they might also appear olive-green or red.

Recognizing the Signs

Normally unseen, blue-green algae can rapidly multiply under favorable conditions, forming dense clusters called blooms. You might notice these blooms near docks and shorelines during late summer and early fall. They thrive in warm, slow-moving, and shallow waters, but can also be present in deeper, cooler areas. A blue-green algae bloom can make water look bluish-green, like green pea soup, or even turquoise paint. Detecting a grassy or garbage-like odor in the water could also be a sign of a bloom.

Understanding the Causes

The growth of blue-green algae is often fueled by available nutrients, particularly phosphorus. Sources of these nutrients include agricultural runoff, stormwater, and leaching from septic systems. In Ontario, phosphorus tends to be the main driver of algae growth.

Stay Safe

While some blue-green algae are harmless, others can produce toxins that endanger human and animal health. If you suspect a blue-green algal bloom:

- Assume toxins are present.
- Refrain from using, drinking, bathing, or swimming in the water.
- Keep pets and livestock away from the water.
- Contact your local health unit for information on the associated health risks.

Report It

If you spot blue-green algal blooms, contact the Spills Action Centre at 1-866-663-8477. For more information visit: lsrca.on.ca/Pages/blue-green-algae.aspx

StouffvilleDenture CLINIC

Your Full Service Denture Clinic

- New Dentures
- Sameday Relines and Repairs
- Implant Supported Dentures
- Complimentary Consultation
- Home Visits Available

CELEBRATING 20 YEARS IN STOUFFVILLE

905-642-4867

1-20 Freel Lane, Stouffville, ON L4A 8B9
stouffvilledentureclinic.com



LIVINGSTONE FIRE PROTECTION

- Fire Alarm Systems
- Fire Extinguishers
- Sprinkler Systems
- Emergency Lighting
- Inspections
- Verifications
- Installations
- 24 Hour Service

905-591-2201

www.livingstonefire.ca

Evergreen presents
THROWBACK THURSDAY
A Blast from the Past

Thursday, October 19, 2023 | Angus Glen Golf Club

Join Evergreen for a dance through the decades! Whether you loved the 60s, 70s, 80s or beyond, come dressed to impress for your favourite decade. We will be playing all your favourite throwback music along with a gourmet meal, wine, live and silent auctions. Best of all, by stepping into those leg warmers and stepping back in time for the evening you'll be supporting Evergreen Hospice. Evergreen provides community based supportive programs to individuals and their families in Markham, Stouffville and Thornhill, who are living with life-threatening illness, caregiving or coping with the death of a loved one.

Find out more and register: www.ev.gcares.org | info@ev.gcares.org | 416 499-2185

SODA POP DESIGN INC & SODAPOP CONSTRUCTION CO By David Tuley

LIVABLE LUXURY & GIRL POWER



(left to right) Victoria Soda, Cynthia Soda, and Ida Soda. Three female family members at the helm of construction and design. [photo by Dennis Hristovski]

This is a story about girl power, and not just because this local pair of companies are run by three female family members. Cynthia Soda is the Owner and Principal Interior Designer of Soda Pop Design Inc. Cynthia is a Registered Interior Designer leading a design team of three female designers.

Cynthia's mother and sister, Ida Soda and Victoria Soda, manage SodaPop Construction Co. Ida is the Owner & CEO, while Victoria is the Chief Operating Officer. Together with a team of four men they are involved in new construction and home restorations, often collaborating with Soda Pop Design.

Ida and her husband Tony moved to Stouffville from Markham in 1987. Cynthia recalled that her dad was always working on their home – “He could do anything, but he just made questionable design choices through the years. I always wanted to work with him.” Later, Cynthia was to pursue a degree in Interior Design from Ryerson University. Upon graduation in 2006, she auditioned and was accepted for HGTV's Design Interns, a Canadian reality television series where she went on to compete against 12 contestants and won the coveted internship out of school where she worked for a year.

Afterward, newlywed Cynthia returned to Stouffville, found a job with a design firm in Uxbridge, bought a home, and started to build a family. It was after the birth of her second child in 2012 when she was asked to oversee the construction on a project she had designed, that she decided to go out on her own and Soda Pop Design Inc was born.

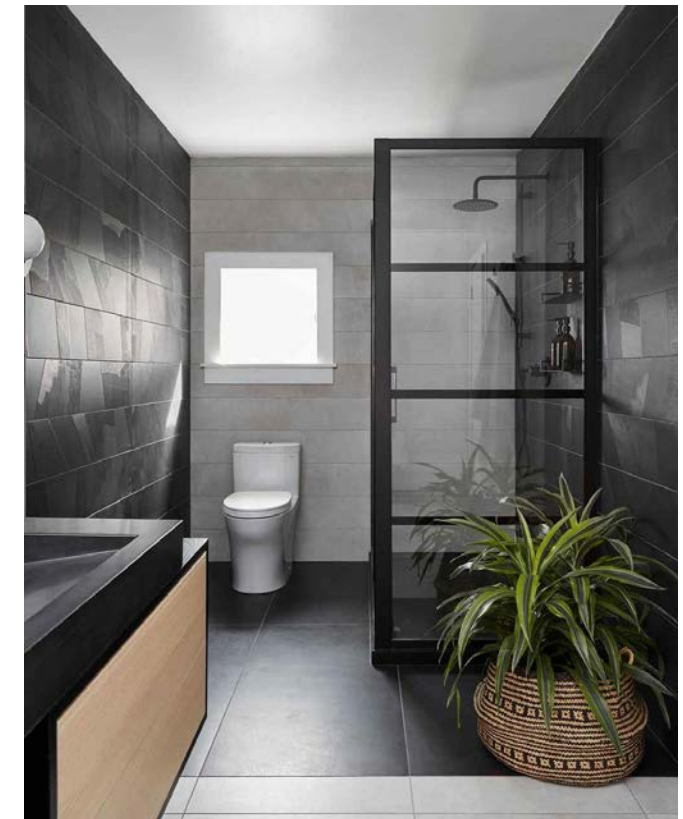
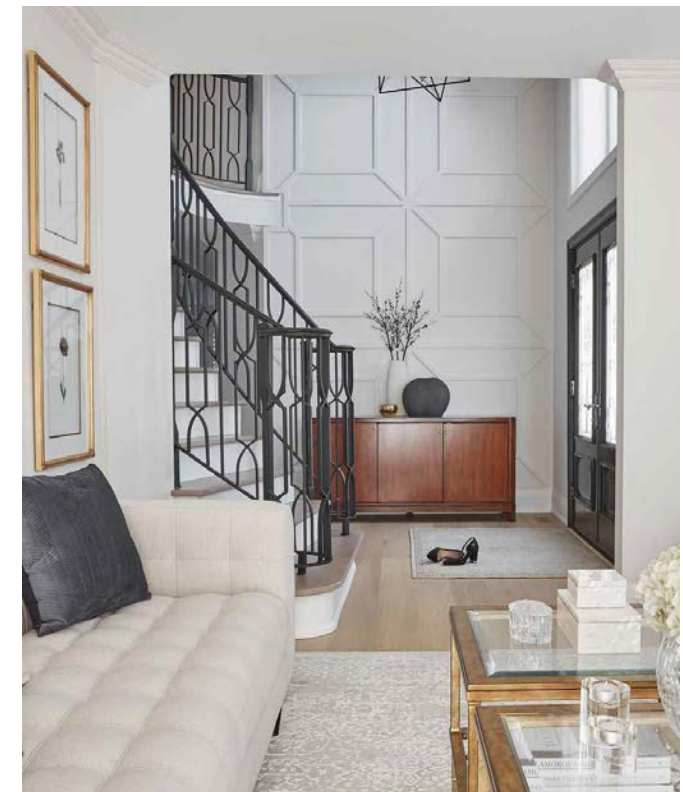
In 2016, an opportunity arose when the contractor for a design project Cynthia was working on could no longer take on the job. Once the plans were approved and the clients looked to her for contractor suggestions, she suggested her father Tony for the job. “He cost estimated every line item, we presented it to the clients, and they awarded him the job. He then hired a crew, and built the project,” she said.

Ida and Tony were to formalize their end of the business when they launched Sodapop Construction Co. thereafter. Victoria, a graduate of the BComm program at Ryerson and who worked as a legal assistant for a Toronto firm for 13 years, transitioned to the construction team to help with marketing. In 2020, the two teams bought a house, circa 1850, at 6791 Main Street near 10th Line to co-locate their businesses.

With any old house, there were surprises at 6791 Main – black mold, additions built on deck structures, etc. “We had to take it apart and rebuild it. Now it is our showpiece,” said Cynthia. “We got our homes back,” said Ida, “no more construction meetings at the dining table.”

Everything changed for the family in the fall of 2021. Tony died suddenly on October 6, the day after they lost his brother. A month later, Cynthia and Victoria also lost a grandmother.

[continued next page](#)



DESIGN DETAILS

(top) A picture-framed view from the front living room of the foyer wall detail extending from the main level up to the ceiling of the second level above, accented by the custom designed metal stair railing. [photo by Lauren Miller].

(bottom) Moody tones and textures, graphic lines and colour blocked tiles, mix with light wood accents in this family home's updated main bathroom. [photo by Lauren Miller].



"We didn't have time to grieve," said Victoria, "a lot of Dad's knowledge was in his head. It was a million per-cent learning curve."

"I felt like we needed to shut it down after," recalled Ida, "but we rallied – Girl Power!"

The construction team learned everything fast – estimating time and money were the two biggest challenges. "My dad had always taught us that the answer wasn't 'no' but rather 'how'. We figured it out," said Victoria.

There was no time to slow down for Cynthia either. She had been scouted by HGTV's series Holmes Family Rescue in 2021. She ended up collaborating on two houses over four episodes and was asked to complete another two houses on their current second season. Regarding one of the jobs, Mike Holmes commented on Facebook, "Our interior designer Cynthia Soda picked beautiful and functional products throughout the house, and the end result was fantastic."

The Soda Pop teams have been designing and building beautiful jobs from across the GTA and Southern Ontario. "The furthest," said Cynthia, "a private island on Georgian Bay and a design job in California."

Soda Pop Design has raked in the kudos on Houzz with comments range from 'she gave me confidence' to 'she listened to our vision' and 'we feel like we have stepped into a magazine'. Sodapop Construction has gathered positive comments as well, such as 'keen eye for clean', 'professional and courteous', and 'putting us first'.

"Our desire is for every one of our clients to feel pride of place when they come home each day. We want them to love everything in their space without being afraid to live in it," concluded Cynthia.

For more information, see sodapopdesign.ca and sodapopconstruction.com, or follow them on Instagram and Facebook.



DESIGN DETAILS

(above) This local heritage home received a flood of sunlight and tons of personality with their newly designed kitchen featuring a personalized splash of colour on the new breakfast peninsula where a structural wall once stood separating the front and back of the house. [photo by Stephani Buchman].

(below) Accent floating shelves beside a custom floating vanity create visual interest and a place for storage and display in this family home's new bathroom. [photo by Lauren Miller].



DESIGN DETAILS

(top left) A lack of closet storage in this family home prompted the addition of a place to house 6 family members pairs of shoes and bags while providing a place to perch while tying shoelaces. [photo by Mike Chajeckij].

(top right) A bright bold aubergine kitchen island and walk in pantry extend this kitchen to quadruple the original size and storage capacity in style. [photo by Stephani Buchman].

(bottom left) The porcelain marble-like counters were the inspiration for the copper hardware and accents in this updated kitchen. [photo by Mike Chajeckij].



6240 Main St.
May 13 - October 14


EVERY SATURDAY
9 AM - 2 PM

STOUFFVILLE'S #1 OUTDOOR MARKET



Learn to Dance

AND BUILD FRIENDSHIPS FOR LIFE!



- Class sizes from 3 years to adult
- Choose from a variety of dance disciplines
- Spacious studios with sprung floors
- Locations in Newmarket, Aurora & Stouffville

WWW.YORKDANCE.COM

A LASTING IMPACT


From watching Oak Valley Health's Markham Stouffville Hospital (MSH) being built to both becoming cancer patients at the facility, Ruth and Bernard Tong decided they wanted to support the hospital that has always been there for them with a gift in their wills.

"I've never forgotten that it was the team right here in our local hospital who saved my wife's life," says Bernard. "Ever since then, we've felt comfort knowing that we will be helping our community long after we, ourselves, are gone."

Leaving a gift in your will to MSH is a powerful act of generosity. "If we all leave a bit to the hospital, together we can make sure that this hospital and this community thrive long into the future," says Ruth.

Ruth & Bernard Tong

mshf.on.ca/legacy
905-472-7373 ext. 6619



Markham Stouffville Hospital Foundation



CAR SALES & GIRL POWER

By David Tuley

Daniella Zappala

The multi-faceted Daniella Zappala is a testament to Girl Power. Highlights of her life so far extend from getting rolled down a stairwell, lit on fire, a narrow miss at winning Ms. Health & Fitness 2022, and posing as Mrs. Crachit in *A Christmas Carol* to making the perfect wedding cake and selling F-150 trucks.

Daniella has lived in Stouffville for over 20 years. She was raised in Richmond Hill. “My mom started me in dance, ballet, and musical theatre by the time I was 6,” she recalls. Daniella would continue to build upon these skills for the rest of her life by attending Unionville High School (Arts York), Ryerson University, Peter Kents School of Hard Knocks (Stunt Training), and Tom Todoroff Acting Studio & Conservatory (Acting Intensive).

With acting and dancing skills, despite a bad knee injury and osteoarthritis, Daniella would go on to teach dance for 25 years and pursue a part-time career in acting. She performed with

Motus O for 15 years, including many stints as Mrs. Crachit. She also appeared in an episode of the TV Series *Expanse* in 2018.

For a short time, Daniella co-owned a performing arts studio in Stouffville, but unfortunately had to close it. She pivoted into a home-based cake business (another passion) and attended Durham College to obtain a certificate in cake decorating. She later became a cake decorator for Metro and Longos.

Fitness has remained important to Daniella. She took a kickboxing course and was asked if she would like to start teaching. Again, passion led to education, and she became certified as a Personal Trainer through CanFitPro. “I coached kickboxing for three years at a gym called Stouffville Fight Fitness - but sadly, it closed during COVID,” she lamented.

Daniella admits that on top of becoming a single mom of two teenagers, she over-exerted herself to the point of breaking

– always training, coaching, acting, and baking. “I never hold myself back and I worked myself to the breaking point. Great support from family and friends helped get me back on my feet. Scotia Bank gave me a job as a teller, which I enjoyed.” But then Daniella noticed that Leggat Ford was hiring sales consultants, so she applied.

“I sold over 20 vehicles in my first 3 months,” Daniella said proudly. “Leggat is a good and personable company. They are very knowledgeable and have taught me a lot.” She added excitedly - “we have lots of inventory now.”

Leggat Stouffville Ford

In July 2020, the word Houston came down off the Ford dealership at 5786 Main Street and was replaced with a new name - Leggat. The Leggat's have been in the automobile business for 101 years.

With a dream and a \$3,000 loan from his mother, Roy Leggat left the family farm to open his first automobile dealership at the corner of King and Bay streets in Hamilton in 1922. Roy was selling Ruggles trucks, before switching to Oakland (the forerunner to Pontiac). In 1932, he began selling Chrysler automobiles and continued to do so until 1962.

In 1968, Roy lent money to his son Doug to purchase his first dealership in Burlington. Doug later took the lead of Leggat Auto Group and ran the company for many years before retiring in 2017. The current-day CEO of the company is Brian Leggat, the 3rd generation involved in Leggat Auto Group. Brian introduced a culture change in sales, recognizing that there had been a culture change in customer buying behavior. The average sales transaction is now designed to take about 50 minutes or less – not the long, customer-wearing-down process of days gone by.

Leggat Auto Group currently owns 13 dealerships from Collingwood to Ancaster, including 10 vehicle brands, and provides employment to over 400 people.

Girl Power

Daniella attempted to build three careers at the same time, then crashed, and got back up to reinvent herself. With renewed confidence gained from the experience with Leggat, Daniella is again doing fitness training with select clients. “Being a part of the Stouffville community has really given me the opportunity to meet, grow, help, and learn from people of all ages,” she concludes. For more or to inquire about personal training, you can follow her progress on Instagram at [daniella_zappala](#).



Susan's TIP-OFF

with SUSAN TUCKER

CONTACT Susan Tucker, otrtpoff@outlook.com



WILLIAM J. BARRY WELDING LTD

I had the pleasure of meeting with Bill Barry of Barry Welding, to get some insight about the business and it's ups and downs over the 55 years it's been operating. March 15 of 2024 they will start their 56th year in business, that's something to be proud of and congratulated for. They are located on Tenth Line, just a smidge (that's an official term) north of Bethesda Sideroad, where they've been since 1985 after moving from their original location which is approximately where the Main St. Tim's is now. I've driven by it hundreds of times and I finally got to go inside and meet the owners.

Bill got his start at Hoover Welding and did some stints at a few other companies trying different trades before striking out on his own and setting up shop in 1969. 55 years...that's incredible! There is a lot of history here in Stouffville and we have many newcomers that have no idea of how the town got started, all the businesses that have come and gone and the many names that form the foundation of what we now call home. Barry's Welding is right up there in my books as a long-standing foundation of town.

What is welding? I'm glad you asked! ...but first, when was it created?

The earliest forms of welding are believed to have been around from approximately 500 years BCE and have advanced in a myriad of ways throughout the centuries. In our modern era, there were major developments, with World War 1 creating a surge of

uses, and then major technological advances in techniques came about in the 1920s.

It's a fabrication process that joins materials, usually metals or thermoplastics, by using high heat to melt the parts together and allowing them to cool, causing fusion. Welding is distinct from lower temperature techniques such as brazing and soldering, which do not melt the base metal.

In addition to melting the base metal, a filler material is typically added to the joint to form a pool of molten material (the weld pool) that cools to form a joint that can be stronger than the base material. Pressure may also be used in conjunction with heat or by itself to produce a weld. That just touches the surface...there are several different kinds of welding, what type is used depends on the project and the materials involved.

Barry's has done it all, from small household fixes to large-scale projects done for a wide variety of customers, from local farmers to various branches of the U.S. military and Canadian and U.S. fire departments. They have constructed several training towers for a variety of fire departments across North America, making all the pieces right here in Stouffville, and then shipping it all to its destination. On-site welding is

also a big demand, and Barry's has welders that go out and provide this service to multiple clients.

Welding, like many trades, is suffering from lack of qualified personnel, there is lots of work available for those going into the trade. The variety of work is fascinating, things like making fuel tanks, new home construction beams, heavy equipment repairs, all kinds of construction projects. Then there's the bending of the metal pieces, that's a whole other mind-boggling aspect. While at their facility, Sandra – Bill's wife and business partner, and also runs the shop – took a piece of a steel plate that was approx 1/4 inch thick, (that's some serious steel) put it in the 165 ton hydraulic press and bent the steel like a hot knife cutting butter, for someone who has not seen this before, it was extremely impressive to watch the machine press at work.

Next time you're driving north on Tenth Line and see the Barry's Welding building, you'll have a wee bit more knowledge of what goes on there and from my view, it is fascinating to see what they're doing and the projects they're working on. For more information, check out their website at barryweldingltd.com.



A FEAST OF GRILLED STRIPLOIN WITH MUSHROOMS & ONIONS, GRILLED SALMON, POTATOES, AND CORN ON THE COB

tales from
the **Q**
with DAVE MILLS

When the warm weather is here, there is nothing quite like firing up the grill and indulging in a delicious outdoor feast. If you're looking for a mouthwatering BBQ menu that combines the best of land and sea, look no further. Today I will share a great recipe that's sure to leave your taste buds dancing!

BBQ Top Sirloin Steak

Ingredients:

- 2 lbs top sirloin steak
- 4 tbsp olive oil
- 3 cloves garlic, minced
- 1 tsp smoked paprika
- 1 tsp dried thyme
- Salt and black pepper, to taste

In a small bowl, mix together the olive oil, minced garlic, smoked paprika, dried thyme, salt, and black pepper to create a marinade.

Place the steak in a resealable plastic bag and pour the marinade over it. Seal the bag and refrigerate for at least 1-2 hours. Preheat the grill to medium-high heat. Remove the steak from the marinade and let any excess marinade drip off. Discard the remaining marinade. Place the steak on the grill and cook until the desired level of doneness is reached. Once cooked to your liking, remove the steak from the grill and let it rest for a few minutes before slicing. This allows the juices to redistribute, resulting in a more flavourful and tender steak.

BBQ Salmon

Ingredients:

- 4 salmon fillets
- Olive Oil
- 4 tbsp fresh chives
- 4 tbsp fresh dill
- 2 tbsp fresh ground pepper
- Juice of 1 lemon
- Salt to taste

Place the salmon fillets on a baking sheet and sprinkle the black pepper on the fillet. Spread the fresh chives and dill evenly and coat the fillets with olive oil. Preheat the grill to medium heat.

Place the salmon fillets on the grill, skin-side up. Cook for approximately 4-5 minutes per side until the salmon flakes easily with a fork. Once cooked, remove the salmon

from the grill, remove the skin and transfer to serving plates. Garnish with fresh dill, if desired.

BBQ Potatoes

Ingredients:

- 1 bag mini potatoes
- 1/3 cup olive oil
- 3/4 cup water
- Fresh rosemary and thyme
- 3 cloves fresh garlic
- Salt and black pepper, to taste
- Fresh parsley, chopped, for garnish

In a pan 3' deep, add potatoes, and all the ingredients. Make sure the water is about covering 2/3 of the potatoes. You may need to add more water. Preheat the grill to medium-high heat. Cook for about 30 min. Once the potatoes are cooked through and have a crispy exterior, remove them from the grill.

BBQ Corn on the Cob

Ingredients:

- 4 ears of corn, husks removed
- 4 tablespoons butter, melted
- Salt and black pepper, to taste
- Your favourite BBQ seasoning, I use something similar to Old Bay
- 2 limes

Preheat the grill to medium-high heat. Brush each ear of corn with melted butter, and season with salt and black pepper.

Place the corn on the grill and cook for about 10-15 minutes, turning occasionally, until the kernels are tender and slightly charred.

Remove the grilled corn from the grill and place on a serving platter. Sprinkle seasoning and squeeze some fresh lime over the corn before serving.

Mushrooms and Onions

Ingredients:

- 2 cups sliced mushrooms
- 1 large onion, thinly sliced
- 2 tbsp butter and some olive oil
- fresh thyme
- salt and pepper to taste.

Heat butter/oil in a pan on medium. Add onions and cook for 4-5 mins until soft. Then add the mushrooms and cook for 5-7 mins



CONTACT Dave Mills, david@stouffville.com



until brown and soft. Now mix in garlic and cook for 1-2 mins.

Season with salt and pepper and add herbs for extra taste, I used fresh thyme. Top your steak with this golden thing of beauty.

Assembling the Feast

Gather friends and family, share stories, and savour each bite as you enjoy this amazing BBQ spread. With the sun setting on the horizon and the aroma of grilled goodness in the air, you'll create great memories. So, fire up the grill and treat yourself to a grilling adventure that embraces the best flavours of summer!

From WHERE I LIVE with BRUCE STAPLEY



PROTECTING YOUR ASSETS Insurance Uncertainty Can Be Costly

While mishaps are inevitable as we tread life's rocky road, there are steps we can take to mitigate the consequences of some of these unexpected derailings. One of the most obvious ways to sidestep potential pitfalls is by ensuring that our automobiles, homes, and valuables are properly insured.

According to 42-year veteran insurance agent Sandy Mackenzie, it is essential that you strike up a productive relationship with an insurance agent you can count on to be there for you in your time of need. Sandy, who runs the Desjardins Insurance office in Downtown Stouffville, suggests there is a good crop of such trustworthy professionals right here in Town. "It's the nature of the beast, you're always going to get people saying 'Why am I paying so much for insurance?' You don't want to have to use it, but if you do it's good to know you're with a reputable agent who will take care of your needs."

Sandy says even a minor car accident can become a fiasco if you don't contact your insurance agent right away for guidance. "Your car may be driveable but the tow truck guy might say it shouldn't be driven." He recalls once hearing of two minor accidents in one day where tow truck operators towed cars from Stouffville all the way to a Rexdale auto body shop. The owners had to wait as long as three months for repairs to be done. "The tow truck drivers can be in cahoots with the body shop. This is a really good reason to be insured by someone

you know and trust who is local and can respond right away."

With auto thefts on the rise in recent years, many insurance companies are offering reduced premiums to owners of highly susceptible cars whose owners have a hidden tracking tag installed in their cars so they can be tracked. "Last year saw an approximate 32% increase in auto thefts in Ontario, and this year they are up roughly 40% over last year. We are asking customers with high theft value vehicles to get these tags, and we pay for them. If you don't get one you're going to face a heavy price increase in your comprehensive coverage."

Insuring your house, as well as protecting yourself if you rent a home, is another area where people need to be astute. "When you are buying a house be watchful for things like a fresh paint job that could indicate there has been a fire or mould, or for remnants of a fire in the attic. Always have the house inspected professionally." Renters need to have tenant insurance in the event they are at fault if there is a kitchen fire or a flood in their apartment. "There is a legal responsibility in such cases and without adequate coverage they could have a huge debt hanging over their head for years." Homeowner and tenant policies can also cover thefts of valuables such as bicycles, cameras, laptops, and ski equipment.

Stouffville insurance agent Sandy Mackenzie says it is important for people to pay more than lip service to their home and auto insurance needs.



CONTACT Bruce Stapley, bstapley@sympatico.ca

As for the deductible you are required to pay in the event of an auto or home-related claim, Sandy advises opting for the higher amount. "In general, the higher deductibles people choose, the better off they are. If you can save \$500 on your premium by taking the \$2,000 deductible and don't have a claim for two years, you're ahead. Most people don't have claims every two years."

It is also important to be upfront with your agent when applying for insurance. "People will sometimes say their home address is in an area where insurance rates are lower," says Sandy. "Or they forget to list teenage drivers of their cars. Be honest, it's important that you don't hold back information."

Looking at the big picture, Sandy says this summer's climate change-related catastrophes across Canada including forest fires, floods and extreme wind have resulted in huge losses for the insurance industry while rendering thousands of homes uninsurable. The industry is urging governments at all levels to continue to help ease the pain for insurance companies and their customers. "Governments in Canada really do try, they recognize that despite the media saying insurance companies make millions and millions of dollars, that when you are investing billions of dollars, a million-dollar profit isn't going to cut it."

TWO-TIME ALL-CANADIAN TACKLES SPOT ON NATIONAL U20 RUGBY TEAM

At 5-foot-1, Stouffville's Taylor McKnight has earned the nickname 'The Honey Badger'

Mere months removed from being a teenager, Taylor McKnight has already written a star-studded rugby resume. The Stouffville product was an all-Canadian in her first two seasons with the University of Guelph women's team.

A perennial member of Team Ontario, she was named to the Canadian Under-20 team for a series of international games this summer that included national TV airtime. The kid they call "The Honey Badger" is all of 5-foot-1, making her the shortest player in most games.

But... "I'm fearless and aggressive," she said of her style. "I have two brothers and grew up on a farm." Nuff said.

Her coach at Guelph knows.

"Taylor is an exceptionally gifted player with a fierce competitive streak," Colette McAuley told OTR. "Her rugby IQ is very high for a young player and she holds herself accountable to the team's standards."

Why rugby, Taylor?

"It was kind of a big thing in high school," the converted hockey player recalls. "The older girls were like 'you should come out and try rugby'."

"From there, it just sparked."

While earning rugby player and junior athlete of the year honours at Stouffville District Secondary School, a provincial team coach invited her to tryouts.

After time with the Ontario U16 and U18 programs, she's now a member of the senior squad.

The highlight of 2023 came last month when her U20 Canadian team hosted Wales and the United States in Ottawa. The game with the Americans was broadcast live on TSN.

The selection process for the 26-member Canadian roster began with players being nominated by provincial unions and university coaches. A final Rugby Canada selection camp was held in Vancouver in June.

Family and friends were in the stands for her national team debut in the nation's capital.

Members at Spring Lakes Golf Club, where she works summers as a supervisor in the food and beverage department,

hosted an informal watch party.

McKnight, who turned 20 in April, spoke to coaches from Harvard, Yale, Queen's and Carleton but feels right at home with her decision to enroll at Guelph.

"The environment is exactly what I was looking for," said McKnight, who attended Glad Park Public School before SDSS. "I really wanted to go to a school that would push me in my rugby career."

"I stepped in nicely because I was used to playing against older girls. You have to rise to it. If you let yourself get left in the dust, you will."

Unable to play during the pandemic, McKnight aided the transition to university play by working out at the Toronto Pan Am Sports Centre.

"It gave me a lot of experience working in a high-performance environment before going into university, which a lot of other people didn't have," she said.

The biomedical science major sees herself becoming a paramedic, firefighter or chiropractor.

Eventually.

"Rugby-wise, I'd love to play in the Premiership overseas and for the Canadian senior women's team one day," she said. "Obviously, that's a goal, but I know that could be many years down the road."

"I do have a shot at playing in at least some semi-pro league. We'll just see how it goes."

SportsTown with JIM MASON



CONTACT Jim Mason, jimmason905@gmail.com



Stouffville's Taylor McKnight carries the ball for the Canadian U20 women's rugby team during their game with the United States in Ottawa this summer.
[photos: Rugby Canada and Gryphon Athletics]





COMMUNITY NEWS

CUSTOMER SERVICE
 (905) 640-1900 | toll free: 1-855-642-TOWN
customer.service@townofws.ca

TOWN HALL
 111 Sandiford Drive
 Stouffville ON L4A 0Z8

[f @wstouffville](#) [t @townofws](#) [i @townofws](#)

[townofws.ca](https://www.townofws.ca)

COUNCIL & PUBLIC PLANNING MEETINGS

Agendas for Council and Public Meetings will be available for review on our website at 12pm (noon) the Thursday prior to the meeting.

Upcoming Council Meetings:

Wed. Sept. 13 - 7pm
 Wed. Sept. 27 - 9am
 Wed. Oct. 4 - 7pm

Upcoming Public Meetings

(if required):
 Wed. Sept. 27 - 7pm
 Wed. Oct. 25 - 7pm
 Wed. Nov 22 - 7pm

Residents may watch the meeting live online at [townofws.ca/cm livestream](https://www.townofws.ca/cm livestream).

Anyone wishing to submit comments, may write to the Town Clerk at clerks@townofws.ca. Anyone wishing to provide comments may attend the meeting in-person at the Municipal Offices, please contact the Town Clerk at clerks@townofws.ca for more information.

Follow all council meetings on Whitchurch-Stouffville's official council Twitter account [@ws_townhall](#).

Join our Council E-Newsletter at: [eepurl.com/ckPNg9](https://www.eepurl.com/ckPNg9) and receive meeting agendas and summary reports straight in your inbox.

MORE INFO:
[townofws.ca/council](https://www.townofws.ca/council)

RECREATION

Fall Programs

Fall programs begin on September 25.

PA Day Camps

We have a variety of PA Day Camps and Drop-In Activities planned for this fall! Join us...

- Friday, September 22
- Friday, October 20
- Friday, November 17

[townofws.ca/play](https://www.townofws.ca/play)

Notice

Pool and Gymnasium at the Leisure Centre will be closed for maintenance from September 4-21 and will reopen Friday, September 22.



With the new Water Watch Portal, you can:

- Set and receive leak alerts
- Identify usage and monitor efficiencies
- View and compare your historical usage data
- Access account information from anywhere

If you have a water account you can register for the Water Watch Portal. Access it using your email address and a unique password that you create. The portal provides real-time data on your water usage, which will help you to identify any areas of concern and make changes to reduce your water consumption.

[townofws.ca/waterwatch](https://www.townofws.ca/waterwatch)

IT STRATEGY

The Town of Stouffville is on an exciting digital journey, inviting you to help shape the future as we implement a five-year IT Strategic Plan to enhance services, streamline processes, and foster community engagement through innovative technologies, including the WaterSmart self-serve portal and the upcoming CityView permitting portal, all aimed at creating a more efficient and connected experience for everyone.

[cometogetherws.ca/it-strategic-plan](https://www.cometogetherws.ca/it-strategic-plan)

WE LOVE OUR LAKES - MUSSLEMAN'S LAKE

Discover the secrets of Musselman's Lake at a special community gathering on Monday, September 11 at 7pm. The event will take place at the Ballantrae Community Centre, where town staff and experts from the Lake Simcoe Region Conservation Authority (LSRCA) will be present to share valuable insights on how to help preserve ecological balance in our lakes for future generations.

Musselman's Lake, with its rich history and breathtaking beauty, holds a special place in our hearts. However, it faces environmental challenges that demand our attention. Learn about the impact of urban influences, such as water pollution, nutrient enrichment, and invasive species, and how these factors affect the lake's well-being.

Have questions about the current state of the lake and the recent algae bloom? Get your answers straight from the experts!

To submit questions that you would like addressed at the meeting, visit [townofws.ca/loveourlakes](https://www.townofws.ca/loveourlakes)

19 ON THE PARK THEATRE

Outdoor Yoga

Monday September 11, 10-11am Civic Square, 19 on the Park
 During this 1-hour outdoor class, you will connect with mind and body, learn different breathing techniques and try a variety of Yoga postures. Class will begin with meditation and breath, rise to an energetic flow and finish with meditation. This course is suitable for all levels ages 18 and up. Class will take place in the Civic Square and may be moved indoors to 19 on the Park in the case of inclement weather. *Please remember to bring your yoga mat.

Register at: bit.ly/3KQXb1z

Patio Series: Amanda Rheume

Friday September 15, 7-10pm Civic Square, 19 on the Park
 Amanda Rheume's guitar-based ballads add depth to Heartland Rock. Her sound and story break genre norms, expanding boundaries and perspectives. A Métis Nation member and LGBTQ+ advocate, her music is heartfelt. Join this free event to enjoy one of the last summer nights of the season with friends and family. Pre-register for seats; standing room for walk-ins.

Register at: bit.ly/45Hj1g6

COMMEMORATIVE PLAQUE PROGRAM

Stouffville's Commemorative Plaque Program lets you celebrate the heritage of your home or business with attractive oval plaques displaying its history, approved through the Heritage Advisory Committee's quarterly assessments; you can even book a research appointment for help!

[townofws.ca/heritage](https://www.townofws.ca/heritage)

MUSEUM

Dianne Brown-Green: Kinship to Turtle Island

September 9 to December 9 (regular open hours), Whitchurch-Stouffville Museum & Community Centre
 Stouffville-based artist Dianne Brown-Green presents a selection of works which include a birchbark basket, hand carved canoe paddle and acrylic paintings. Together, they highlight the relationship between the many creatures of Turtle Island and the water in which we depend on. Drawn from the artist's Cree heritage and experiences with culture and nature this exhibition focuses on the beauty of Turtle Island, and reminds us the importance of caring for her. Admission is free.

KAIROS Blanket Exercise Saturday, September 16 (10am-12:30pm), Whitchurch-Stouffville Museum & Community Centre

The KAIROS Blanket Exercise is a free, in-person workshop that explores the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada. Blankets arranged on the floor represent land and participants are invited to step into the roles of First Nations, Inuit, and Métis peoples. Admission is free, ages 16+.

Register at [townofws.ca/active](https://www.townofws.ca/active) with barcode 28922

Harvest Kitchen

Friday, September 22 (9am-4pm), Whitchurch-Stouffville Museum & Community Centre
 Split your time between our modern and historic kitchens to cook and bake your way through this exciting day! Using the museum's gardens as a guide, campers will stir up some exciting recipes to take home at the end of the day. \$70 per child, ages 6-12. Register at [townofws.ca/active](https://www.townofws.ca/active) with barcode 29909

The Jean-Baptiste Lainé Site: In conversation with Dr. Ron Williamson Thursday, September 28 (7pm-8pm), Virtual Event

Join Wendat archaeology expert Dr. Ron Williamson as he describes the Jean-Baptiste Lainé Site. Join us for this opportunity to learn more about the history of the land that we now call Stouffville. Admission is free, ages 16+. Register at [townofws.ca/active](https://www.townofws.ca/active) with barcode 29111

The Jean-Baptiste Lainé Site: Tour Saturday, September 30 (7pm-8pm), Library – Adult Learning Room

Join us as we reflect on the Jean-Baptiste Lainé Site, home to a remarkable late-16th century ancestral Wendat community. Staff will guide participants from the Library to the archaeological site, where participants will engage in a self-guided tour using onsite interpretative signage. Questions and visitor feedback encouraged. Admission is free, ages 16+. Register at [townofws.ca/active](https://www.townofws.ca/active) with barcode 29112

HALLOWEEN IN THE VILLAGE

Main Street Stouffville (O'Brien Ave. to Park Dr.) October 28, 11am-3pm

Join us in The Village as Main Street comes alive with an array of festivities that promise Halloween fun for the whole family. Come dressed up in costume and enjoy trick-or-treating, face painting, glitter tattoos, interactive Drum Shows, a variety of vendors, enchanting characters, and more!

Facebook: [@TWSEvents](#)

MORE INFO:
[townofws.ca/events](https://www.townofws.ca/events)



Are You Thinking of
Buying, Selling or Investing
in Real Estate?
With over 34 years of
Real Estate Experience
.....We Can Help!



Call Us Today for All Your Real Estate Needs



C: 647.203.4078
O: 416-284-4751

David Mills

Sales Representative

Debbie White-Mills

Broker

CALL US ANYTIME FOR YOUR REAL ESTATE NEEDS.
NOT INTENDED TO SOLICIT CLIENTS CURRENTLY UNDER CONTRACT WITH ANOTHER BROKERAGE

spouses-sellinghouses.ca
davidmills@royallepage.ca



perladental



Upgrade Your Smile
with Invisalign®!

CLEAR. CONFIDENT. COMFORTABLE.

Get the smile you've always wanted.
Discover Invisalign today at Perla Dental.

ULTIMATE COMFORT AND UNMATCHED
RESULTS WITH OUR CUTTING-EDGE DIGITAL
INFRA-ORAL SCANNING TECHNOLOGY.



PORT PERRY
905.985.4545
5 High St., Port Perry
ON L9L 1H8
portperry@perladental.ca

UXBRIDGE
905.862.0101
12 Bascom St., Uxbridge
ON L9P 1J3
uxbridge@perladental.ca

STOUFFVILLE
905.591.6668
6668 Main St., Stouffville
ON L4A 7W9
stouffville@perladental.ca

**\$1000
OFF**
for the month
of September
ONLY

